

OCTOBER 2023 LUNCH MENU

MONDAY (4)	TUESDAY (4)	WEDNESDAY (9)	THURSDAY (5)	FRIDAY (4)
2ND Chicken Patty Sandwich Cucumber Fresh Fruit	3RD Grilled Cheese Pretzels Raw Carrots Fruit	4TH Pizza Burgers Sweet Potato Tots Green Beans Fresh Fruit	5TH Fish Sticks French Fries Mixed Veggies Fresh Fruit	6TH Smoked Sausage Mac & Cheese Broccoli Fresh Fruit
9TH NO SCHOOL COLUMBUS DAY	10TH Cheese Tortellini Bread Broccoli Fresh Fruit	11TH Tacos with Lettuce & Cheese Refried Beans Fresh Fruit	12TH Peanut Butter and Jelly Sandwich Pretzels Cucumber Fresh Fruit	13TH Chicken Nuggets Wheat Bread Green Beans Fresh Fruit
16TH Grilled Chicken Rice Mixed Veggies Fresh Fruit	17TH Pasta & Meatball Yogurt Peas Fresh Fruit	18TH French Toast Bacon Celery Fresh Fruit	19TH Hot Dogs Baked Beans Green Beans Fresh Fruit	20TH Chicken Noodle Soup Crackers Raw Carrots Fresh Fruit
23RD Pasta with Italian Sauce Wheat Bread Broccoli Fresh Fruit	24TH Turkey Wraps With Lettuce & Cheese Fresh Fruit	25TH Chicken Tenders Mashed Potatoes Mixed Veggies Fresh Fruit	26TH Pancakes Turkey Sausage Celery Fresh Fruit	27TH Meat Balls Buttered Noodles Peas Apple Sauce
30TH Chicken Nuggets French Fries Green Beans Fresh Fruit	31ST Pizza Cucumbers Fresh Fruit			PLEASE NOTE: All Fresh Fruit will be Seasonal and can be found at the Grocery Store